## Quantitative characters II: heritability

The variance of a trait $(x)$ is the average squared deviation of $x$ from its mean:

$h^{2}=V_{A} / V_{P}$
$h^{2}$ determines (1) the resemblance of offspring to their parents, and (2) the population's evolutionary response to selection.
$h^{2}$ is the regression (slope) of offspring on parents


Definition of the regression coefficient (slope): $b_{y x}=\operatorname{cov}(x, y) / \operatorname{var}(x)$ Here $x$ is the midparent value (parental mean), $y$ is the offspring value (see Gillespie, Table 6.2).
The higher the slope, the better offspring resemble their parents.
In other words, the higher the heritability, the better offspring trait values are predicted by parental trait values.


Figure 6.5: The response to selection.

The "geometric" interpretation of heritability shows why $R=h^{2} S$
( $h^{2}=R / S$ )


As it turns out, the additive genetic variance $\left(V_{A}\right)$ is the part that makes offspring resemble their parents (i.e., sets the slope).

## What's the heritability of height in humans?



Scott Freeman and Jon Herron asked the students in their evolution course at the University of Washington to measure themselves and their parents.
Their regression plot is shown at the right.
The estimated heritability is 0.84 .
That means $84 \%$ of the variance in height $\left(V_{P}\right)$ is additive genetic variance $\left(V_{A}\right)$.


Midparent height (inches)

The heritability of genotypes is 1.0 (illustrated by 30 Utah HapMap families)

| One locus |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| from each of | fam |  | $\pm$ |  |  | f |  |  | $\pm$ |  |  |  |  |  | f |  |  | f |  |  | f |  |  | f | m | f |  |
| from each of | 0 : |  | 1 | 2 | 0 | 1 | 0 | 2 | 2 | 2 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 2 | 1 | 1 | 1 | 21 | 7 | 9 | 6 |
| eight Xsomes. | 1 | 2 | 2 | 2 | 1 | 0 | 1 | 2 | 12 | 2 | 2 | 1 | 2 | 1 | 0 | 1 | 0 | 0 | 0 |  | 2 | 2 | 2 | 11 | 12 | 7 | 11 |
|  | 2 | 2 | 1 | 2 | 1 | 0 | 1 | 1 | 2 | 2 |  | 2 | 1 | 1 | 1 | 1 |  | 1 | 2 | 1 | 0 | 0 | 2 | 2 | 10 | 9 | 11 |
| Genotypes | 3 |  | 1 | 2 | 0 | 0 | 0 | 2 | 2 | 2 | 2 | 2 | 2 | 0 | 1 | 0 |  | 0 | 0 | 0 | 2 | 1 | 1 | 2 | 8 | 10 | 8 |
| coded 0/1/2. | 4 : | 1 | 1 | 2 | 1 | 1 | 0 | 2 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 2 | 0 | 0 | 0 | 2 | 1 | 2 | 2 | 11 | 10 | 8 | 9 |
|  | $5:$ | 1 | 2 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 0 | 0 | 2 | 1 |  |  | 2 | 10 | 10 | 10 |
| Each row is a | $6:$ |  | 2 | 1 | 0 | 0 | 0 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 2 | 1 | 8 | 8 | 8 |
| family. | 7 : | 2 | 2 | 2 | 2 | 0 | 1 | 1 | 2 | 1 | 0 | 2 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 2 | 6 | 11 | 8 |
|  | 8 : | 1 | 1 | 1 | 0 | 0 | 0 | 2 | 2 | 2 | 2 | 2 | 2 | 0 | 1 | 1 | 1 | 1 | 2 | 1 | 2 | 1 | 2 | 2 | 9 | 11 | 11 |
|  | 9 : | 0 | 2 | 1 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 0 | 1 | 2 | 1 |  | 1 | 0 | 1 | 1 | 2 |  | 2 | 2 | 10 | 10 | 11 |
| Mors ( $m$ ) , | 10: | 2 | 2 | 2 | 1 | 1 | 1 | 2 | 11 | 1 | 1 | 2 | 1 | 0 | 0 | 0 |  | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 11 | 11 | 10 |
| dad's ( $f$ ) and | 11: | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 2 | 1 | 1 | 2 | 2 | 1 | 0 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 1 | 10 | 8 | 7 | 9 |
| child's (c) | 12: | 1 | 1 | 0 | 0 | 0 | 0 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 0 | 1 | 0 | 1 | 0 |  | 2 |  | 2 | 1 | 9 | 8 | 7 |
|  | 13: | 1 | 2 | 2 | 0 | 1 | 0 | 2 | 12 | 2 | 2 | 1 | 2 | 2 | 1 | 2 | 0 | 1 | 0 | 1 | 2 | 2 | 2 | 1 | 10 | 10 | 11 |
| in columns. | 14 : |  | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 0 | 1 | 1 | 0 | 0 | 0 | 1 | 1 | 0 | 2 | 0 | 10 | 8 | 10 |
| in columns | $15:$ | 1 | 1 | 2 | 0 | 0 | 0 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 0 | 1 | 2 | 1 | 1 | 0 | 2 | 1 | 1 | 1 | 9 | 9 | 10 |
|  | 16: | 0 | 1 | 1 | 0 | 1 | 0 | 2 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 0 | 1 | 2 | 2 | 2 | 2 | 2 | 9 | 9 | 10 |
| The sum | 7: | 2 | 1 | 1 | 0 | 0 | 0 | 1 | 11 | 1 | 1 | 1 | 2 | 1 | 0 | 1 | 1 | 0 | 0 |  | 1 | 1 | 2 | 0 | 9 | 4 | 7 |
| genotype | 18: | 1 | 2 | 2 | 1 | 1 | 1 |  | 2 | 2 |  | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 2 | 2 | 2 | 1 | 2 | 9 | 10 | 10 |
|  | 19: |  | 1 | 1 | 0 | 0 | 0 | 2 | 01 | 1 |  | 2 | 2 | 2 | 1 | 2 | 2 | 0 | 1 | 2 | 1 | 2 | 2 | 2 | 13 | 7 | 11 |
| scores (plus | 20 : |  | 2 | 2 |  | 1 | 0 | 0 | 1 | 1 |  | 2 | 1 |  | 1 | 2 |  | 0 | 1 |  | 1 | 1 | 2 | 1 | 8 | 9 | 10 |
| alleles) is | 21: | 2 | 0 | 1 | 1 | 0 | 1 | 2 | 1 | 1 |  | 1 | 2 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 11 | 5 | 11 |
| shown in the | 22 : |  | 1 | 1 | 0 | 1 | 1 | 2 | 2 | 2 |  | 1 | 1 | 0 | 0 | 0 | 0 | 1 | 1 | 2 | 1 | 1 |  | 2 | 9 | 9 | 9 |
|  | $23:$ |  | 1 | 1 |  | 1 | 0 |  | 2 | 1 |  | 2 | 1 | 1 | 0 | 0 | 0 | 1 | 1 |  | 0 |  |  | 1 | 5 | 8 | 6 |
|  | 24 : |  | 1 | 1 | 1 | 0 | 1 |  | 2 | 2 |  | 2 | 2 |  | 0 | 0 |  | 0 | 0 |  | 2 | 2 |  | 2 | 8 | 9 | 10 |
| columns. | 25 : |  | 1 | 1 | 1 | 0 | 0 | 1 | 2 | 2 |  | 2 | 2 | 1 | 0 | 1 | 1 | 2 | 2 |  | 0 |  |  | 2 | 10 | 9 | 10 |
|  | 26: |  | 1 | 2 |  | 0 | 0 |  | 21 | 1 |  | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 0 |  | 2 | 1 |  | 1 | 8 | 8 | 7 |
|  | 27: |  | 1 | 1 |  | 1 | 0 |  | 2 | 2 |  | 2 | 2 | 0 | 0 | 0 |  | 1 | 0 | 1 | 0 | 1 |  | 2 | 10 | 9 | 8 |
|  | 28: |  | 2 | 1 | 1 | 1 |  | 2 | 2 |  |  | 2 | 1 | 1 | 0 | 0 | 1 | 2 | 1 | 1 | 1 |  |  | 2 | 7 | 12 | 9 |
|  | 29: |  | 2 |  |  | 1 |  |  | 22 |  |  | 2 |  |  | 0 |  |  | 0 |  |  | 2 |  |  |  | 7 | 10 |  |

The average regression is close to 1 , as is that of the sum over loci.

|  | Chr 1 (A/C at 53433581) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2.0 : |  |  | 4 | 5 | 4 |
| N | 1.0 |  | 2 | 6 | 8 |  |
|  | 0.0: |  |  | 1 |  |  |
| $\bigcirc$ |  |  | 0.5 | 1 | 1.5 | 2 |
| \% | $r=$ | 0.409 | ) | b = | 0. | 569 |


| Chr 2 | (G/T at | $224346716)$ |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $2.0:$ |  |  | 2 | 1 |  |
| $1.0:$ |  | 6 | 4 |  |  |
| $0.0:$ | 9 | 7 | 1 |  |  |
|  | 0 | 0.5 | 1 | 1.5 | 2 |
| $r=$ | 0.731 | $b$ |  |  | 1.200 |


| Chr 7 | (A/T | at | $92947019)$ |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $2.0:$ |  |  |  | 8 | 10 |
| $1.0:$ |  | 2 | 3 | 7 |  |
| $0.0:$ |  |  |  |  |  |
|  | 0 | 0.5 | 1 | 1.5 | 2 |
|  |  |  |  |  |  |
| $r=$ | 0.672 | $b=$ | 0.792 |  |  |


| Chr 8 (A/G at 122870354) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2.0 |  |  | 2 | 7 | 8 |
| 1.0 |  |  | 5 | 7 |  |
| 0.0 |  |  | 1 |  |  |
|  | 0 | 0.5 | 1 | 1.5 | 2 |
| $\mathrm{r}=$ | 0.569 | b | $=$ | 0. | 875 |


| Chr 19 (A/G at 48986689) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2.0: |  |  | 2 | 3 |  |
| 1.0: |  |  | 3 |  |  |
| 0.0: | 5 | 5 |  |  |  |
|  |  | 0.5 | 1 | 1.5 |  |
| $r=$ | . 822 | b |  | 1. |  |


| Chr 20 (A/G at | 48392908) |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 2.0: |  |  | 3 | 1 |  |
| 1.0: |  | 7 | 3 | 2 |  |
| $0.0:$ | 7 | 6 | 1 |  |  |
|  | 0 | 0.5 | 1 | 1.5 | 2 |
| $r=$ | 0.682 | $b=$ | 1.048 |  |  |

Midparent genotypes ( $0,0.5,1,1.5,2$ )
The regressions ( $b$ ) are greater than the correlations $(r)$ because $\operatorname{var}(x)$ (i.e., of midparent values) < $\operatorname{var}(y)$ (i.e., of offspring values). See Gillespie, table 6.2.

| Chr | 21 | (C/T | at | $18426726)$ |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $2.0:$ |  | 1 | 5 | 4 |  |
| $1.0:$ |  | 3 | 7 | 7 |  |
| $0.0:$ |  | 1 | 2 |  |  |
|  | 0 | 0.5 | 1 | 1.5 | 2 |
| $r=$ | 0.629 | $b$ |  |  | 0.875 |


| Chr 22 | (A/G at | 16361045 ) |  |  |
| :--- | :--- | :--- | :--- | :--- |
| $2.0:$ |  | 1 | 5 | 9 |
| $1.0:$ |  | 6 | 8 |  |
| $0.0:$ |  | 1 |  |  |
|  | 0 | 0.5 | 1 | 1.5 |
|  |  |  | 2 |  |
| $r=$ | 0.673 | $b$ | $=$ | 1.006 |


| Sum of genotypic values for all 8 loci |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 11.0: |  |  |  | 1 | 1 |  | 2 | 4 |  |
| 10.0: |  |  |  |  | 2 | 3 | 2 | 1 | 1 |
| 9.0: |  |  | 1 |  |  | 2 | 1 |  |  |
| 8.0: |  |  |  | 1 | 1 | 1 | 1 |  |  |
| 7.0: | 1 |  |  | 1 | 1 |  |  |  |  |
| 6.0 : | 1 |  |  | 1 |  |  |  |  |  |
| 6 |  | 7 |  | 8 |  | 9 |  | 10 | 11 |
| $r=0.651$ |  | b | = | 1. | 07 |  |  |  |  |

Expected: $b=h^{2}=1$

$$
r=h^{2} / \operatorname{sqrt}(2)=1 / 1.414=0.71
$$

## What about the variation induced by environmental factors?

After all, even clones and identical twins differ from each other!


Clones (cuttings) of Achillea grown at three different
elevations where the species normally occurs in California.


Edward East's
Nicotiana plants growing in the same garden plots.

From tree \#1


From tree \#2

Leaves from a natural clone of quaking aspen (Populus tremuloides) growing at the top of Millcreek Canyon.

## Total phenotypic variance $=$ genetic variance + environmental variance

What you see is what you get from two distinct sources that can be separated.

1. Genetic variance is the variance among phenotypes caused by genotypic differences among individuals (holding their environments constant).
2. Environmental variance is the variance among phenotypes caused by differences in the experiences of individuals (holding genotypes constant).

Example: Suppose the average trait values of AA, Aa and aa individuals are $-1,0$, and +1 units, and $p=q=0.5$.
Then the genetic variance (average squared deviation from the population mean) is 0.5 .

But suppose $25 \%$ of each genotype deviates one unit above or below its average trait value, because of the environment.
Then the environmental variance is also 0.5 .


The resulting phenotypic variance is $0.5+0.5=1.0$.
$V_{P}=V_{G}+V_{E}=\left(V_{A}+V_{D}+V_{I}\right)+\left(V_{E}\right)$
The trait's heritability is the fraction of $V_{P}$ that is genetic (actually, additive genetic, as we will see).


Not all genetic variance is additive! (A silly but instructive model.)
Consider a simple quantitative trait $(x)$ controlled in a symmetrically overdominant manner by two alleles at one locus.
Assume that there is no environmental variance.

| genotype | phenotype $(x)$ | frequency |
| :---: | :---: | :---: |
| AA | 0 | $p^{2}$ |
| Aa | 1 | $2 p(1-p)$ |
| aa | 0 | $(1-p)^{2}$ |

This model is fully developed in two handouts on the course web site, under "Readings".

Thus $\bar{x}=2 p(1-p)$, and $\operatorname{Var}(x)=\mathrm{V}_{\mathrm{P}}=\mathrm{V}_{\mathrm{G}}=\mathrm{E}\left(x^{2}\right)-[\mathrm{E}(x)]^{2}=2 p(1-p)[1-2 p(1-p)]$.



What happens if we select for higher values of $x$ ?

The heritability disappears when the genetic variance is greatest!
Now we can calculate the heritability, which is

$$
h^{2}=\mathrm{V}_{\mathrm{A}} / \mathrm{V}_{\mathrm{P}}=(1-2 p)^{2} /[1-2 p(1-p)]
$$



$p \approx 0$ or 1
Not much variance,
but $h^{2} \approx 1$

$p=0.5$
Lots of
variance,
but $h^{2}=0!$


At $p=0.5$, all of the genetic variance is dominance variance, not additive variance.

## Dominance variance arises from non-additive relationships between

 the "dosage" of an allele (number carried) and the resulting phenotypeNo dominance. Phenotypes: $A_{1} A_{1}=1 ; A_{1} A_{2}=1.5 ; A_{2} A_{2}=2$


Complete dominance. Phenotypes: $A_{1} A_{1}=1 ; A_{1} A_{2}=2 ; A_{2} A_{2}=2$


## How to estimate the components of the phenotypic variance ( $V_{p}$ )

1. Measure phenotypes (trait values) in a large random sample of the population.
2. Calculate the mean and variance: the variance is $V_{p}$.
3. Estimate the heritability, either of two ways:
(a) regress offspring on midparent values
(b) measure the response to selection:

$$
h^{2}=R / S
$$

4. The additive variance $\left(V_{A}\right)$ is the heritable fraction of the total: $V_{A}=h^{2} V_{p}$.
5. The remainder is environmental $\left(V_{E}\right)$ and dominance variance (and other minor stuff).
6. If we can clone or closely inbreed members of the species, or find identical twins, then we can directly estimate the environmental variance.

## Leaf shape within and among six quaking aspen clones



## Analysis of variance (ANOVA)

| $\begin{gathered} \stackrel{~}{0} \\ \underset{y}{x} \\ \underset{U}{0} \end{gathered}$ |  | mean | variance | Variance among clones |
| :---: | :---: | :---: | :---: | :---: |
|  | Clone 1 | 0.902 | 0.00351 | $=\operatorname{var}(0.902,0.992, \ldots, 0.918)$ |
|  | Clone 2 | 0.992 | 0.00237 | $=0.00564$ |
|  | Clone 3 | 1.075 | 0.00271 | Variance within clones $=\text { mean }(0.00351, \ldots, 0.00947)$ |
|  | Clone 1 | 0.861 | 0.00552 | $=0.00426$ |
|  | Clone 2 | 1.028 | 0.00200 | Total variance |
|  | Clone 3 | 0.918 | 0.00947 | $=0.00564+0.00426$ |
|  | All | 0.963 | 0.00990 | $=0.00990$ |
|  |  |  |  | Fraction explained by clones $\begin{aligned} & =0.00564 / 0.00990 \\ & =0.57=H^{2} \end{aligned}$ |

7. The dominance variance can be separated from the additive variance by exploiting the different ways these components appear in the covariances between different kinds of relatives. For example:

| $\operatorname{cov}($ parent-offspring) | $\approx \frac{1}{2} V_{A}$ |
| :--- | :--- |
| $\operatorname{cov}(h a l f$ sibs) | $\approx \frac{1}{4} V_{A}$ |
| $\operatorname{cov}(f$ ull sibs) | $\approx \frac{1}{2} V_{A} \frac{1}{4} V_{D}$ |

See the Quantitative Traits lecture notes, and Gillespie, for more on this.
And it works in the "pure overdominance" model developed above...

No heritability, but a positive correlation between sibs, in the pure-overdominance model with $p=0.5$.

7. The dominance variance can be separated from the additive variance by exploiting the different ways these components appear in the covariances between different kinds of relatives. For example:

$$
\begin{array}{ll}
\operatorname{cov} \text { (parent-offspring) } & \approx \frac{1}{2} V_{A} \\
\operatorname{cov}(\text { half sibs }) & \approx \frac{1}{4} V_{A} \\
\operatorname{cov}(\text { full sibs) } & \approx \frac{1}{2} V_{A}
\end{array}
$$

$$
\approx \frac{1}{2} V_{A}+\frac{1}{4} V_{D} \quad \text { (see QT lecture notes) }
$$

An interesting and general finding is that traits closely related to fitness tend to have little additive variance but more dominance and interaction variance (epistasis) than typical morphological traits.

## What might be the explanation?

| Partitioning of the variance of four characters in Drosophila melanogaster. Components as percentages of the total, phenotypic, variance. |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Character |  |  |  |
|  |  | (1) | (2) | (3) | (4) |
|  |  | Bristles | Thorax | Ovary | Eggs |
| Phenotypic | $V_{P}$ | 100 | 100 | 100 | 100 |
| Additive genetic | $V_{A}$ | 52 | 43 | 30 | 18 |
| Non-additive genetic | $V_{D}+V_{I}$ | 9 | 6 | 40 | 44 |
| Environmental | $V_{E}$ | 39 | 51 | 30 | 38 |
| Characters: |  |  |  |  |  |
| (1) Number of bristles on 4 th +5 th abdominal segments (Clayton, Morris, and Robertson, 1957; Reeve and Robertson, 1954). |  |  |  |  |  |
| (2) Length of thorax (F. W. Robertson, 195 |  |  |  |  |  |
| (3) Size of ovaries, i.e. number of ovarioles in both ovaries. (F. W. Robertson, 1957a). |  |  |  |  |  |
| (4) Number of eggs laid in 4 days (4th to 8th after emergence) (F. W. Robertson, 1957b). |  |  |  |  |  |

## Summary

The narrow-sense heritability of a trait is the fraction of the total phenotypic variance that is caused by the additive effects of genes.

There can be considerable non-additive genetic variance, but this does not contribute to the resemblance between parents and offspring, or the response to selection.
(But the dominance variance increases the resemblance of full siblings.)
There can also be a lot of "environmental variance" (that is, variance of the trait values that is caused by effects of the environment).

These three components of the phenotypic variance literally add up to the total: $V_{P}=V_{A}+\left(V_{D}+V_{I}\right)+V_{E}$

The analysis of variance (ANOVA) was originally invented to allow these components to be estimated separately.

