

<p style="text-align: center;">COURSE SYLLABUS FCS 5940/6940 - Human Socioemotional Development Across the Lifespan <i>SPRING, 2011 Thursdays 4:35 – 7:05 p.m. AEB 220</i></p>
--

Instructor: **Dr. Russell Isabella** Office Hours: Tues/Thurs 2:00 – 3:30 p.m., and by appt.
Office: 212 Alfred Emery Building Phone: 581-5459 email: russ.isabella@fcs.utah.edu
Also available on WebCT

COURSE OBJECTIVES

This course is directed toward an examination of Attachment Theory, with the assumption that students in the class already have a basic understanding of this theory. Our focus will be on the theory itself as it pertains to development across the lifespan, research that forms the empirical basis for attachment theory, and clinical applications of attachment theory and research.

COURSE REQUIREMENTS

Texts: Three textbooks are required:

1. Karen, R. (1998). Becoming Attached: First Relationships and How They Shape Our Capacity to Love. New York: Oxford University Press (available in the University Bookstore)
2. Grossmann, K.E., Grossmann, K., & Waters, E. (Eds.) (2005). Attachment from Infancy to Adulthood: The Major Longitudinal Studies. New York: The Guilford Press. (Must find and purchase)
3. Oppenheim, D. & Goldsmith, D.F. (Eds.) (2007). Attachment Theory in Clinical Work with Children. New York: The Guilford Press. (Must find and purchase)

Attendance: It is expected that all students will attend and be prepared for every class period. Given the central importance of attendance/participation in this course, your grade for the class will be reduced one grade level for each (and every) class missed. Thus, for one class missed, earn an 'A' and you will receive an 'A-' for your final grade. Earn an 'A-' and you will receive a 'B+', etc. For 2 classes missed, earn an 'A' and receive a 'B+', earn an 'A-' and receive a 'B,' etc.

Exams: There will be **no** exams for this class.

Term Project: There will be a term project for this course. Currently, the default option consists of identifying and reading a book relevant to the content of this course, then writing a review of that book. This is open to discussion and we will figure it out as we go. However, I will be very open to students' ideas for something different. Note also that students are encouraged to identify potential guest speakers for the class, and this can dovetail with your term project.

GRADING

Grades will be based on student preparedness for and participation in class discussion, and performance on the term project.

COURSE OUTLINE -- DATES TO BE AWARE OF

Following is an outline for the semester. Any changes will be noted in class. Students are responsible for reading the assigned materials prior to class.

PART I: CONCEPTUAL OVERVIEW

- JAN 13 Course Introduction
JAN 20 "Attachment Theory: A Review" Reserve Readings (Bowlby; Isabella)
- JAN 27 "What do we need and how do we become who we are?" Karen Part I (pp 1 - 125)
FEB 3 "Measurement Breakthrough" Karen Part II (pp 129 – 173)
Ainsworth articles (on reserve)
Bretherton article (on web: http://www.psychology.sunysb.edu/attachment/online/inge_origins.pdf)
FEB 10 Where do we go from here? The fate of early attachments" Karen Part III (pp 177 - 247)
FEB 17 "What will I be when I grow up?" Adulthood: Karen Part V (pp 361 - 408)

PART II: RESEARCH

- FEB 24 Contention: Debate regarding the meaning of attachment: Karen Chapter 19 and Part IV (pp 248 - 357)
MAR 3 Research: The study of early attachment: Edited volume, Chapters 3 (Sroufe et al.) and 4 (Belsky)
MAR 10 Research: Internal Working Models: Edited volume, Chapters 2 (Bretherton) and 10 (Main, et al.)
MAR 17 Research: Adult Attachment: Edited Volume, Chapters 9 (Crowell & Waters) and 11 (Dozier et al.)
- MAR 24 ***Spring Break***

PART III: CLINICAL (For these four classes, we will decide as a group which chapters we wish to cover from the Oppenheim volume)

- MAR 31 Oppenheim & Goldsmith volume – Chapters 1 and 2
APR 7 Oppenheim & Goldsmith volume – Chapters 3 and 4
APR 14 Oppenheim & Goldsmith volume – Chapters 8 and 9
APR 21 Student Presentations (term projects)