

| The Apgar Scale      |                   |                                |                                     |
|----------------------|-------------------|--------------------------------|-------------------------------------|
| Characteristic       | Score             |                                |                                     |
|                      | 0                 | 1                              | 2                                   |
| Heart rate           | Absent            | Less than 100 beats per minute | More that 100 beats per minute      |
| Efforts to breathe   | Absent            | Slow, irregular                | Good; baby is crying                |
| Muscle tone          | Flaccid,limp      | Weak, inactive                 | Strong, active motion               |
| Skin color           | Body pale or blue | Body pink, extremities blue    | Body and extremities pink           |
| Reflex irritability  | No response       | Frown, grimace                 | Vigorous crying, coughing, sneezing |
| Source: Apgar (1953) |                   |                                |                                     |