

# Freud's Psychosexual Stages

Psychosexual Stage	Approximate Age	Description
Oral	Birth - 1 year	The mouth is the focus of stimulation and interaction; feeding and weaning are central.
Anal	1 - 3 years	The anus is the focus of stimulation and interaction; elimination and toilet training are central.
Phallic	3 - 6 years	The genitals (penis, clitoris, and vagina) are the focus of stimulation; gender role and moral development are central.
Latency	6 - 11 years	A period of suspended sexual activity; energies shift to physical and intellectual activities.
Genital	adolescence - adulthood	The genitals are the focus of stimulation with the onset of puberty; mature sexual relationships develop.