

## **FCS 5940/6940 – Attachment Theory across the Lifespan**

This is an advanced course on attachment theory as it informs our understanding of human development across the lifespan. It is expected that students who take this class will come to it with a basic understanding of attachment theory as developed by John Bowlby and Mary Ainsworth. *Even more desirable is that students have a deep interest in learning about this topic.* The focus of the course will be on readings and discussion related to attachment theory, research, and clinical application as these pertain to development and functioning (particularly in the context of relationships) during all stages of life. Course grades will be based on class attendance and ***participation***, as well as development and completion of a final project that will be unique for each student. *Undergraduate students who wish to register for this class must communicate with me directly to seek permission to do so.*

There will be two required texts:

1. Karen, R. (1988) *Becoming Attached: First Relationships and How They Shape Our Capacity to Love*. Oxford University Press
2. Cassidy, J. and Shaver, P.R. (Eds.) (2008) *Handbook of Attachment: Theory, Research, and Clinical Application, 2<sup>nd</sup> Edition*. Guilford