

## FCS 5940/6940 – Attachment Theory Across the Lifespan

This is an advanced course on attachment theory as it informs our understanding of development across the lifespan. It is expected that students who take this class will come to it with a basic understanding of attachment theory as developed by John Bowlby and Mary Ainsworth. Even more desirable is that students have a deep interest in learning about this topic. The focus of the course will be on readings and discussion related to attachment theory, research and clinical application as these pertain to development during all stages of life. Course grades will be based on class attendance and participation, as well as development and completion of a final project that will be unique for each student.

Required texts include:

Karen, R. (1988) Becoming Attached: First Relationships and How They Shape Our Capacity to Love. Oxford University Press

Grossmann, K.E., Grossmann, K., & Waters, E. (Eds.) (2005). Attachment from Infancy to Adulthood: The Major Longitudinal Studies. The Guilford Press

Oppenheim, D., & Goldsmith, D.F. (Eds.) (2007). Attachment Theory in Clinical Work with Children. The Guilford Press.